St. Albert Bereavement Fellowship Events

Contact Information

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Website

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Mission Statement

The St. Albert Bereavement Fellowship is a non-denominational, non-profit, volunteer society whose purpose is to provide support through compassion, understanding, education and friendship to those who have lost a loved one through death.

Watch our website for updates and changes to the calendar.

www.stalbertbereavement.ca

September 8 *7:00 PM*	***More Than a Memory: Embracing Memory Beyond Death*** ○ How bonds endure and transform after a loss ○ Signs and experiences of ongoing connection Libby Kostromin MPS, CCC, Counselling Therapist
September 22 *7:00 PM*	***Links Support Group*** Facilitator: Angie Hampshire, CGSC
October 13 *7:00 PM*	***Your Role in a Compassionate Community*** Bob Kerr Chaplain, Sturgeon Community Hospital
October 27 *7:00 PM*	***Links Support Group*** Facilitator: Angie Hampshire, CGSC
November 10 *7:00 PM*	***The Chapters We Carry Forward*** ○ Discover how love & memories are part of what comes next. ○ Explore the chapters still waiting to be written. Connie Kobylko Joy Facilitator, Life Celebrant
November 24 *7:00 PM*	***Candlelight Celebration*** Please bring a photo of your loved one to our Candlelight Celebration and join with others who may be feeling lonely this Christmas season.
December 8 *6:00 PM*	***Christmas Dinner Social for Members*** Join us at Red Willow Place from 6:00 to 9:00 PM. Tickets must be purchased in advance at Links or Speaker meetings

All meetings take place at Red Willow, 7 Tache Street, St. Albert.

Meetings include refreshments and snacks.

The St. Albert Bereavement Fellowship is a non-profit society serving Alberta since 1987

What We Do

We help you cope with your loss.

We host ***Guest Speaker Meetings*** during which a professional in a related field offers a presentation designed to help us understand more about loss and grieving.

Links Support Group is an informal evening of sharing in a quiet, supportive setting. A grief facilitator is present to help. You may attend without any obligation to speak; we each deal with loss in our own way.

You are also invited to join us for social gatherings. You will know that everyone present understands and shares your challenges.

Join Us

A ***Guest Speaker Meeting*** is held on the second Tuesday of each month.

Our informal ***Links Support Group*** is held on the fourth Tuesday of each month.

Membership is not required to join the meetings.

Membership Benefits

- ✓ Voting privileges at Annual General Meeting
- ✓ Access to our library
- ✓ Notification of Social Events
- ✓ Receive calendar updates by mail

Annual Fees are only $30, due each January

City of St. Albert Cultivate Life

St. Albert Family & Community Support Services

St. Albert Seniors Association

"All the art of living lies in a fine mingling of letting go and holding on."
-- Havelock Ellis

"God gave us memory so that we might have roses in December."
-- J. M. Barrie

"I'll be seeing you in all the old familiar places / That this heart of mine embraces all day through."
-- Sammy Fain, "I'll Be Seeing You"

"Everyone must leave something behind when he dies," my grandfather said. "A child or a book or a painting or a house or a wall built or a pair of shoes made. Or a garden planted. Something your hand touched some way so your soul has somewhere to go when you die, and when people look at that tree or that flower you planted, you're there."
-- Ray Bradbury, Farenheit 451

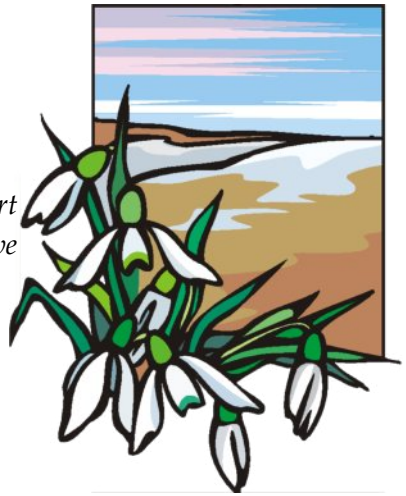
"You gave me a forever within the numbered days."
-- John Green, The Fault in Our Stars

http://www.whatsyourgrief.com/64-quotes-about-grief/

St. Albert

Bereavement Fellowship

Providing support for those who have lost a loved one through death.



Information & Calendar

for September to December 2026

The Snowdrop is known as the 'flower of hope' and a sign of life's renewal after winter.